

January 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Practice & Lift 9AM-12PM	3 Practice 3:30PM-5:30PM	4 Optional Morning Lift 7AM Junior Varsity at Broad Run HS Arrive at CHS 4PM; Bus 4:30PM Weigh-In 5PM, Wrestle 6PM-9PM Varsity Practice 3:30PM-5:30PM	5 Varsity Practice 6:30AM-7:40AM Junior Varsity Track Wrestling 3:30PM-5PM Room 111 Varsity Gym Setup 9:30PM	6 Joe Verciglio Tournament at Chantilly Weigh-In 3PM Wrestle 4:30PM **All Chantilly wrestlers should be working or wrestling.	7 Joe Verciglio Tournament at Chantilly Weigh-In 9AM Wrestle 10AM **All Chantilly wrestlers should be working or wrestling.
9 Morning Lift 7AM Practice 3:30PM-5:30PM	10 Practice 3:30PM-5:30PM Roll Mats 5:30PM-6PM	11 Optional Morning Lift 7AM Senior Night vs Centreville Arrive at CHS 4PM; Weigh-In 5PM JV A-Team Wrestle 6PM Varsity Wrestle 7:30PM Junior Varsity B-Team at Hayfield Arrive at CHS 4PM; Bus 4:30PM Weigh-In 5PM, Wrestle 6PM-9PM	12 Practice 3:30PM-5:30PM	13 Practice 3:30PM-5:30PM	14 Varsity at Mountain View Duals Bus 6:30AM Weigh-In 8AM Wrestle 9:30AM
16 No School Practice & Lift 9AM-12PM	17 Practice 3:30PM-5:30PM	18 Varsity at Robinson Quad Bus 3:30PM; Weigh-In 4PM Wrestle 5PM Junior Varsity at Fairfax HS Arrive at CHS 4PM; Bus 4:30PM Weigh-In 5PM, Wrestle 6PM-9PM	19 Practice 3:30PM-5:30PM	20 No School Practice & Lift 9AM-11AM	21 Varsity at John Carroll Carpool 8:30AM Weigh-In 11AM Wrestle 12PM
23 Morning Lift 7AM Practice 3:30PM-5:30PM	24 Practice 3:30PM-5:30PM	25 Practice 3:30PM-5:30PM	26 Varsity at Rock Ridge Tri Arrive at CHS 4PM; Bus 4:30PM Weigh-In 5PM, Wrestle 6PM-9PM Junior Varsity at Oakton for Conference Tournament Arrive at CHS 4PM; Bus 4:30PM Weigh-In 5PM, Wrestle 6PM-9PM	27 Practice 3:30PM-5:30PM	28 Varsity Practice & Lift 9AM-12PM Junior Varsity at Westfield for Region Tournament Arrive at CHS 4PM Bus 4:30PM; Weigh-In 5PM Wrestle 6PM-9PM